



FIXED (PERMANENT) RETAINERS

1. Fixed retainers are wires that are bonded to the backside of the teeth. The purpose of these wires is to hold the teeth straight.
2. With fixed retainers proper oral hygiene and regular visits to your family dentist for cleaning are essential.
3. It is important to monitor your retainers regularly. If it becomes loose or breaks contact us immediately to avoid shifting/relapse.
4. Maintenance of your fixed retainer is provided for 2 years as part of your original fee. After 2 years a nominal fee will be charged for repairs or replacements.
5. Whenever these retainers are removed there is a chance that some tooth movement may occur; therefore, we recommend leaving these retainers in for as long as possible.
6. There's not a set amount of time that a permanent retainer will last — some people have worn the retainers for up to 20 years. And in most cases, there aren't any negative long-term effects. But in some cases, the retainer can get worn down so much that it needs to be replaced.

***IF YOUR PERMANENT RETAINER BECOMES LOOSE (the one on the BACK of your teeth) OR BROKEN GIVE US A CALL IMMEDIATELY AND WE CAN REPAIR IT.**

****PLEASE DO NOT PULL THE WHOLE WIRE OFF YOUR TEETH!****

