POWERSCOPE™ CLASS II CORRECTOR

Now that the PowerScope Class II Corrector appliance is installed, it is important to understand how to best take care of the appliance to get the desired results.

Adjustment Time

▪ Getting comfortable with the new appliance may take approximately a week or so. As with any orthodontic appliance inside the mouth, some discomfort or irritation may occur. Call the orthodontic office if discomfort or irritation continues.

Eating

▪ After the appliance has been inserted, chewing may be a bit challenging in the beginning for a few days. Start with soft foods such as mash potatoes, soup, eggs and pasta. A regular diet can be introduced as you start feeling more comfortable with the appliance. Avoid hard or sticky foods and be sure to cut food into smaller pieces.

Cleaning

▪ Gentle but thorough cleaning around the entire appliance is important; do not be afraid to touch it with your toothbrush. An electric toothbrush or Waterpik/Waterflosser may be used if you have one. Flossing is a little bit trickier it may get caught around the springs so be very careful. Brushing is always recommended after every meal.

Sore Spots

▪ If you notice irritation or sore spots on your cheeks then use the orthodontic wax that is provided for you. Rinsing with warm salt water a couple times a day may be helpful. Call the orthodontic office if sores or irritations continue.

Habits

▪ Remember to not chew on pens and other hard objects and keep your fingers out of your mouth.

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